



北京大学  
PEKING UNIVERSITY

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# Constraining the nuclear matrix elements of $0\nu\beta\beta$ decay by double Gamow-Teller transitions

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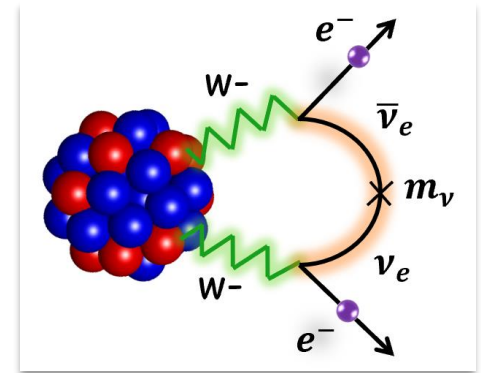
# Outline

- Introduction
- Theoretical framework
- Results and discussion
- Summary

# Neutrinoless $\beta\beta$ decay

□ Neutrinoless  $\beta\beta$  decay ( $0\nu\beta\beta$ )  $(A, Z) \rightarrow (A, Z + 2) + e^- + e^-$

- ✓ Violation of lepton number
- ✓ Majorana nature of neutrinos
- ✓ Neutrino mass scale and hierarchy
- ✓ Matter dominance in the universe



Avignone, Elliott, Engel, Rev. Mod. Phys. 80, 481 (2008)

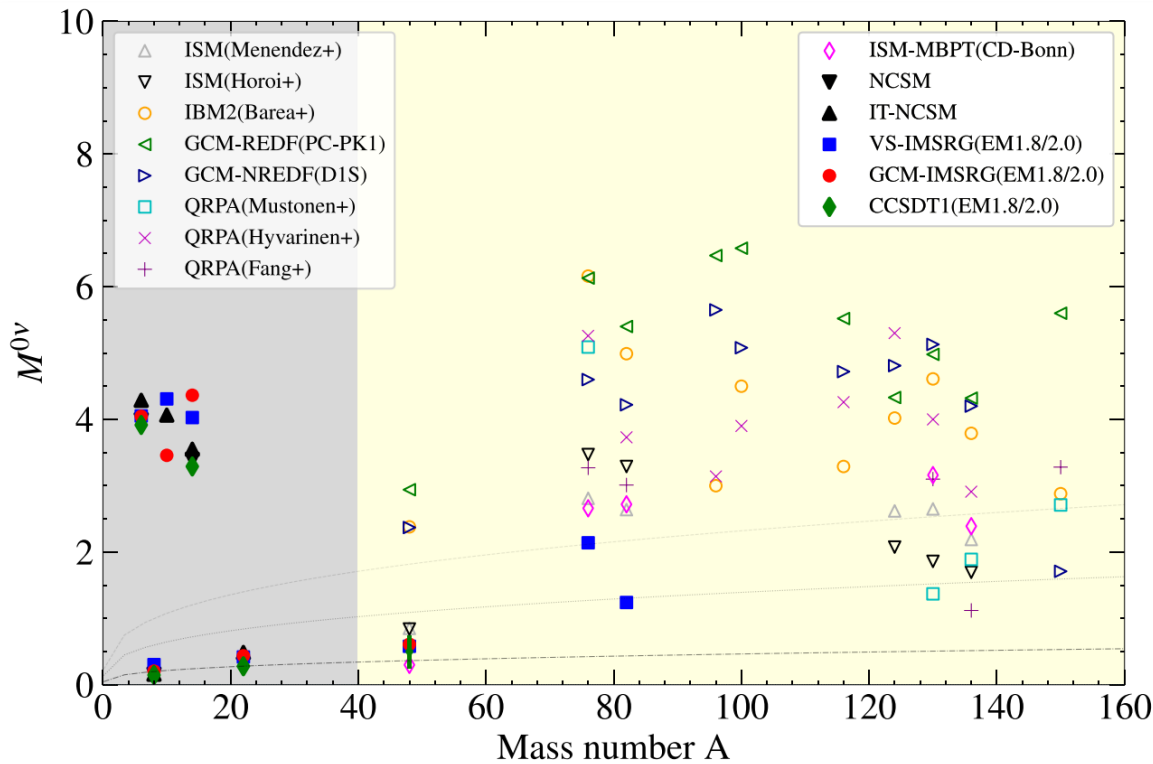
□ Experimental progress on  $0\nu\beta\beta$  decay

Isotopes	$T_{1/2}^{0\nu}$ (yr)	Collaborations
$^{48}\text{Ca}$	$> 5.8 \times 10^{22}$	ELEGANT VI
$^{76}\text{Ge}$	$> 1.8 \times 10^{26}$	GERDA, MAJORANA, CDEX
$^{82}\text{Se}$	$> 3.5 \times 10^{24}$	CUPID-0, N $\nu$ DEx
$^{100}\text{Mo}$	$> 1.5 \times 10^{24}$	CUPID-Mo
$^{130}\text{Te}$	$> 3.2 \times 10^{25}$	CUORE
$^{136}\text{Xe}$	$> 2.3 \times 10^{26}$	KamLAND-Zen, EXO-200, PandaX
$^{150}\text{Nd}$	$> 2.0 \times 10^{22}$	NEMO-3

- ✓ No  $0\nu\beta\beta$  -decay signal has been observed so far.
- ✓ Current limit on the decay half-life ranges from  $10^{22}$  yr to  $10^{26}$  yr.

# Nuclear matrix elements

$$[T_{1/2}^{0\nu}]^{-1} = G^{0\nu}(Q, Z) |M^{0\nu}|^2 \left| \frac{\langle m_{\beta\beta} \rangle}{m_e} \right|^2$$



Yao, Meng, Niu, Ring, Prog. Part. Nucl. Phys. 126, 103965 (2022)

## Nuclear structure:

- Pairing correlations
- Shapes and fluctuations
- Noncollective collections
- Valence space ...

## Decay operator:

- Relativistic/non-relativistic
- Nucleon size effects
- Short-range correlation
- Closure approximation
- Two-body currents
- Contact operator ...

# Double Gamow-Teller transition

□ Double charge-exchange reaction  $(A, Z)_T + (a, z)_p \rightarrow (A, Z + 2)_T + (a, z - 2)_p$

✓ Double Fermi transition

✓ Double Gamow-Teller transition (DGT)  $\Rightarrow$  Dominant decay process

□ Differential cross section of DGT transition can be factorized into a nuclear part and a reaction factor Santopinto et al., PRC 98, 061601(R) (2018)

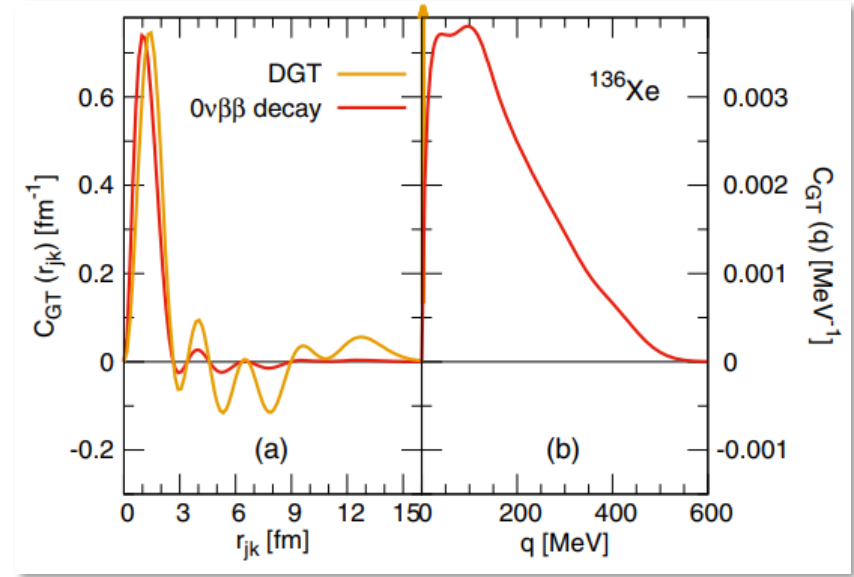
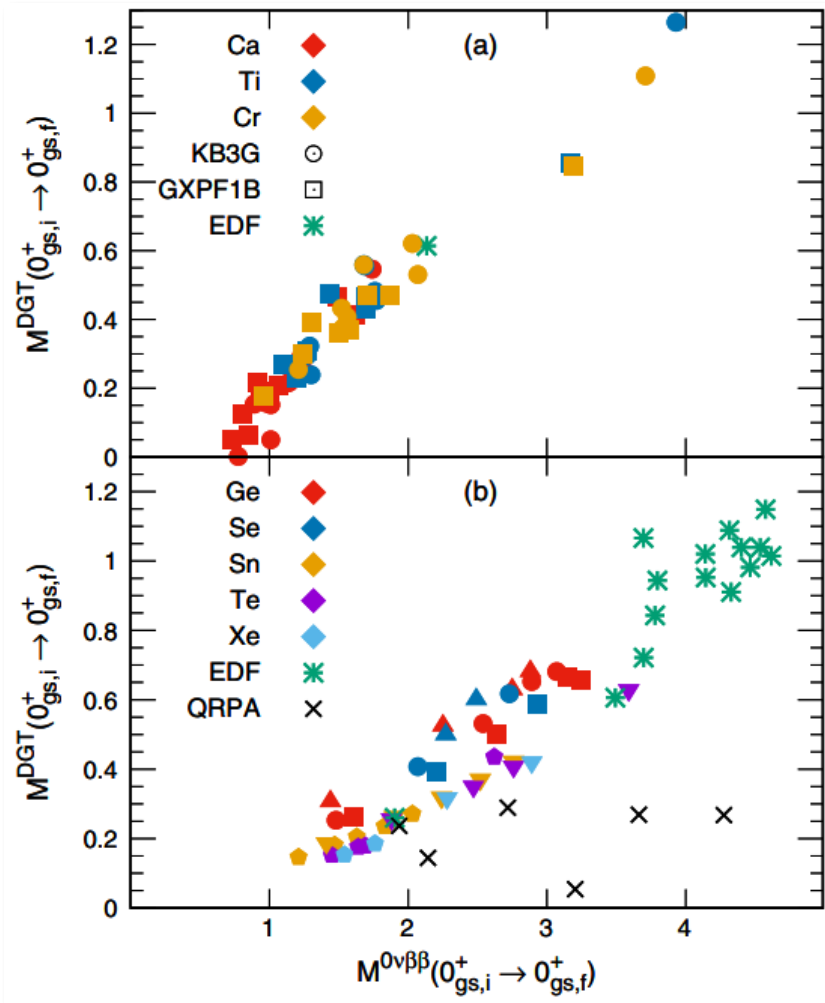
✓ Determining the DGT NMEs from the cross section of DGT transition

□  $0\nu\beta\beta$  decay vs DGT transition: same initial and final nuclear wavefunctions, similar spin-dependent parts in the decay operators

Rodríguez et al., PLB 719, 174 (2013), Cappuzzello et al., EPJA 51, 145 (2015)

Constraining the  $0\nu\beta\beta$ -decay NMEs from the DGT transitions?

# Correlation between $0\nu\beta\beta$ decay and DGT transition



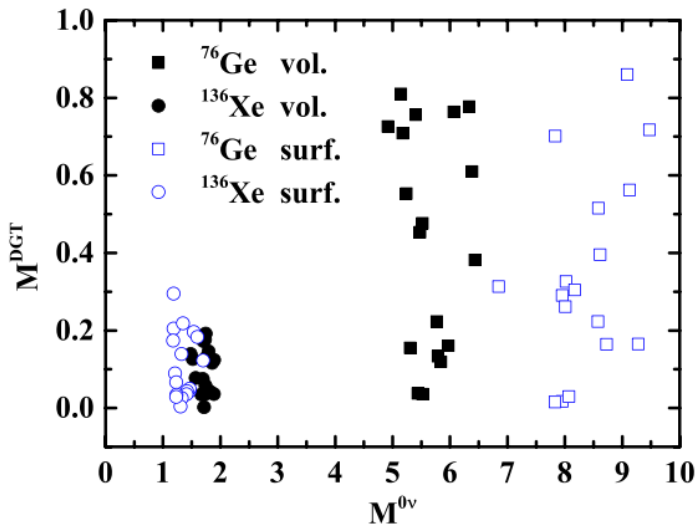
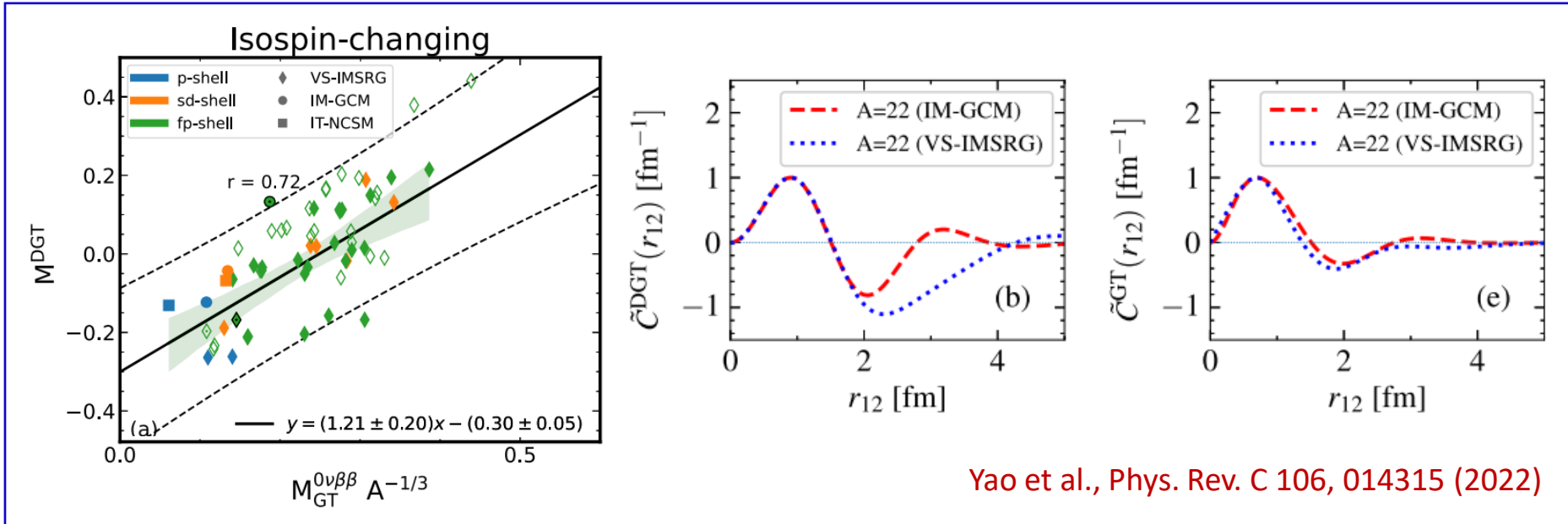
$$M^\alpha = \int dr_{12} C^\alpha(r_{12}), r_{12} = |\mathbf{r}_1 - \mathbf{r}_2|$$

The **short-range character** of both DGT and  $0\nu\beta\beta$  decay matrix elements can explain the simple linear relation between them. References [72,73] showed that **if an operator only probes the short-range physics of low-energy states, the corresponding matrix elements factorize into a universal operator-dependent constant times a state-dependent number common to all short-range operators.**

A good linear correlation is observed

Shimizu, Menéndez, Yako, Phys. Rev. Lett. 120, 142502 (2018)

# Correlation between $0\nu\beta\beta$ decay and DGT transition



- The linear correlation between  $0\nu\beta\beta$  decay and DGT transition is much weaker in IMSRG, IMGCM, and QRPA calculations
- ✓ IMSRG and IMGCM  $\Rightarrow$  very light nuclei
- ✓ QRPA  $\Rightarrow$  spherical symmetry

Lv et al., Phys. Rev. C 108, L051304 (2023)

# In this work

- The correlation between  $0\nu\beta\beta$  decay and DGT transition is investigated within the framework of **Relativistic Configuration-interaction Density functional (ReCD)** theory.
- ✓ The NMEs of  $0\nu\beta\beta$  decay and DGT transition in  $^{48}\text{Ca}$ ,  $^{76}\text{Se}$ ,  $^{82}\text{Se}$ ,  $^{96}\text{Zr}$ ,  $^{100}\text{Mo}$ ,  $^{116}\text{Cd}$ ,  $^{124}\text{Sn}$ ,  $^{128}\text{Te}$ ,  $^{130}\text{Te}$ , and  $^{136}\text{Xe}$ , which are **must relevant to the current  $0\nu\beta\beta$  decay experiments**, are evaluated.
- ✓ The **axial and triaxial deformations**, which are important for describing the  $0\nu\beta\beta$  decay, are included.
- ✓ The **origin** of the linear correlation is analyzed.



# Outline

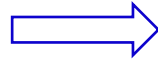
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# Relativistic density functional theory

## □ Lagrangian density and Hamiltonian operator:

$$(\bar{\psi} \mathcal{O} \Gamma \psi), \quad \mathcal{O} \in \{1, \tau\}$$

$$\Gamma \in \{1, \gamma_\mu, \gamma_5, \cancel{\gamma_\mu \gamma_5}, \cancel{\sigma_{\mu\nu}}\}$$



$$\mathcal{L} = \mathcal{L}^{\text{free}} + \mathcal{L}^{4\text{f}} + \mathcal{L}^{\text{der}} + \mathcal{L}^{\text{hot}} + \mathcal{L}^{\text{em}}$$

$$\hat{H} = \int d\mathbf{r} \mathcal{H}(\mathbf{r})$$

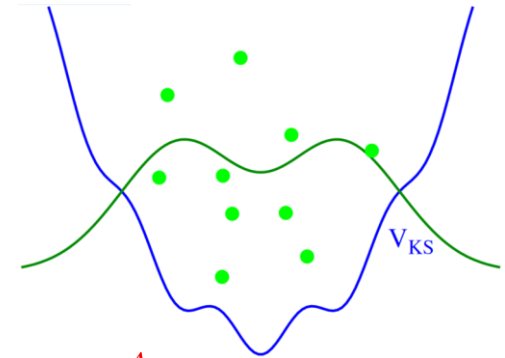
## □ Relativistic energy density functional:

$$E \equiv \langle \Phi | \hat{H} | \Phi \rangle = \int d\mathbf{r} \left\{ \sum_{i=1}^A \psi_i^\dagger (\boldsymbol{\alpha} \cdot \mathbf{p} + \beta m) \psi_i \right.$$

$$+ \frac{1}{2} \alpha_S \rho_s^2 + \frac{1}{3} \beta_S \rho_s^3 + \frac{1}{4} \gamma_S \rho_s^4 + \frac{1}{2} \delta_S \rho_s \Delta \rho_s$$

$$+ \frac{1}{2} \alpha_V j_\mu j^\mu + \frac{1}{4} \gamma_V (j_\mu j^\mu)^2 + \frac{1}{2} \delta_V j_\mu \Delta j^\mu$$

$$\left. + \frac{1}{2} \alpha_{TV} \vec{j}_\mu \vec{j}^\mu + \frac{1}{2} \delta_{TV} \vec{j}_\mu \Delta \vec{j}^\mu + \frac{1}{2} e^2 A_\mu j_p^\mu \right\}$$



$$|\Phi\rangle = \prod_{k=1}^A \hat{a}_k^\dagger |0\rangle \quad \text{Slater Det.}$$

## □ Single-particle Dirac equation:

$$[\boldsymbol{\alpha} \cdot (\mathbf{p} - \mathbf{V}) + V^0 + \beta(m + S)] \psi_k = \varepsilon_k \psi_k$$

$$\rho_s = \sum_{i=1}^A \bar{\psi}_i \psi_i \quad j^\mu = \sum_{i=1}^A \bar{\psi}_i \gamma^\mu \psi_i$$

$$\vec{j}^\mu = \sum_{i=1}^A \bar{\psi}_i \gamma^\mu \tau_3 \psi_i$$

# ReCD theory

## □ Trial wavefunction:

$$|\Psi_\alpha\rangle = \sum_{\kappa} f_{\kappa}^{\alpha} |\Phi_{\kappa}\rangle, \quad |\Phi_0\rangle = \prod_k \hat{\beta}_{\kappa} |-\rangle$$

$$|\Phi_{\kappa}\rangle \in \{|\Phi_0\rangle, \hat{\beta}_{\pi_i}^{\dagger} \hat{\beta}_{\pi_j}^{\dagger} |\Phi_0\rangle, \hat{\beta}_{\nu_i}^{\dagger} \hat{\beta}_{\nu_j}^{\dagger} |\Phi_0\rangle, \hat{\beta}_{\pi_i}^{\dagger} \hat{\beta}_{\pi_j}^{\dagger} \hat{\beta}_{\nu_i}^{\dagger} \hat{\beta}_{\nu_j}^{\dagger} |\Phi_0\rangle, \dots\}$$

## □ Symmetry restoration:

$$|\Psi_{\alpha}^{JNZ}\rangle = \sum_{K=-J}^J \sum_{\kappa} f_{K\kappa}^{J\alpha} |JMK, \kappa\rangle$$

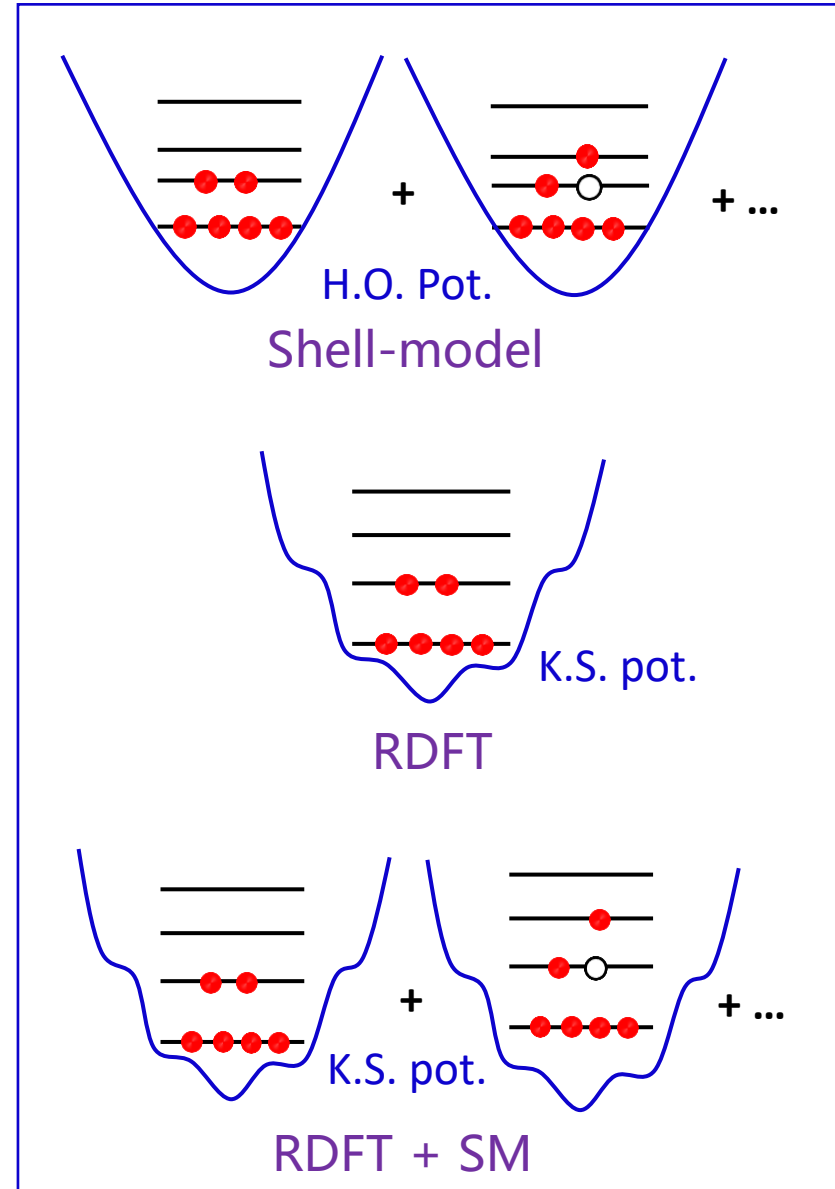
$$\sum_{K'\kappa'} \{ \mathcal{H}_{KK';\kappa\kappa'}^J - E_{\alpha}^J \mathcal{N}_{KK';\kappa\kappa'}^{J\alpha} \} f_{K'\kappa'}^{J\alpha} = 0$$

P. W. Zhao, P. Ring, J. Meng, PRC 94, 041301(R) (2016)

Y. K. Wang, P. W. Zhao, J. Meng, PRC 105, 054311 (2022)

Y. K. Wang, P. W. Zhao, J. Meng, arXiv: 2304.12009

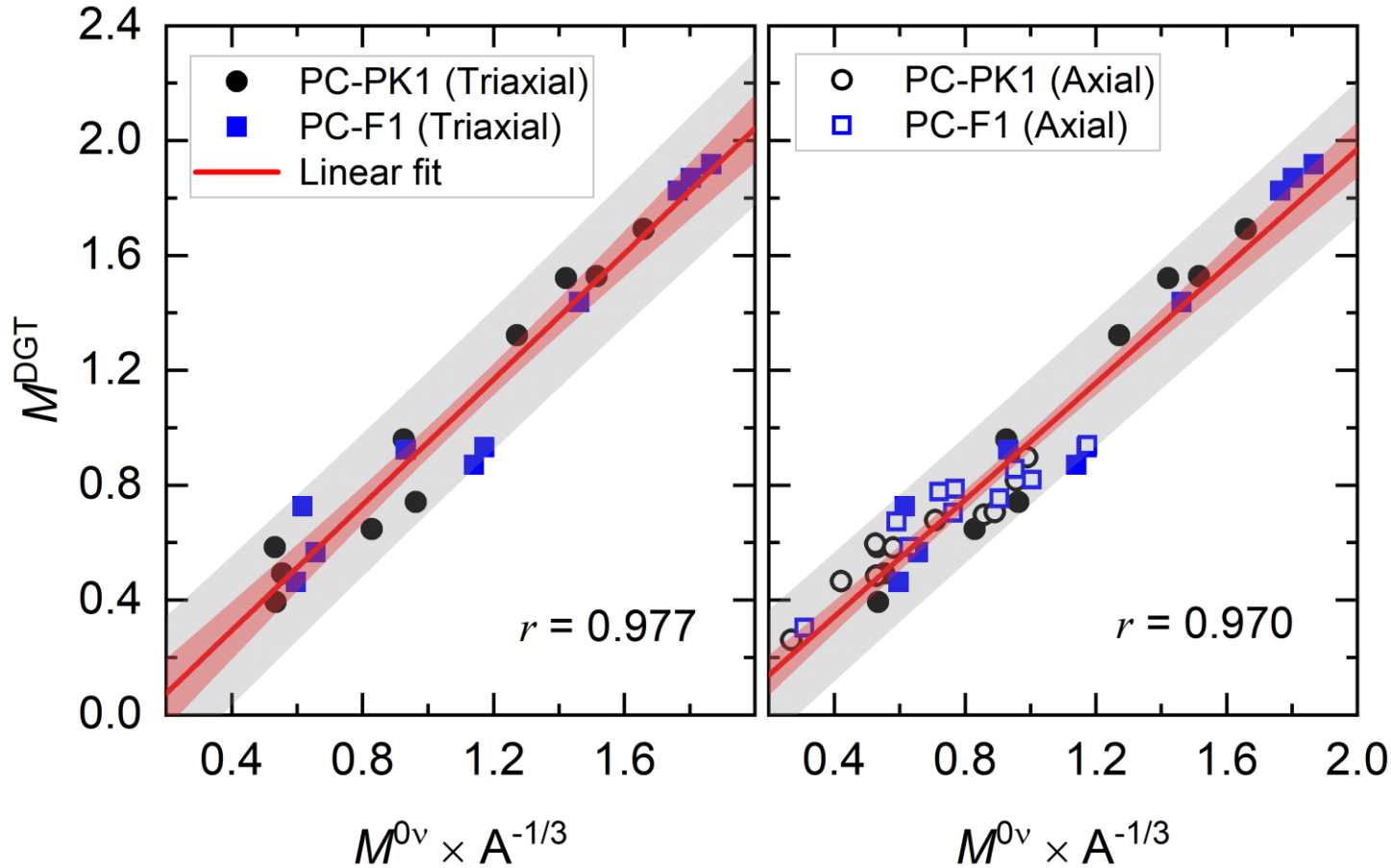
Y. K. Wang, P. W. Zhao, J. Meng, PLB 848, 138346 (2024)



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# Correlation between DGT and $0\nu\beta\beta$ decay



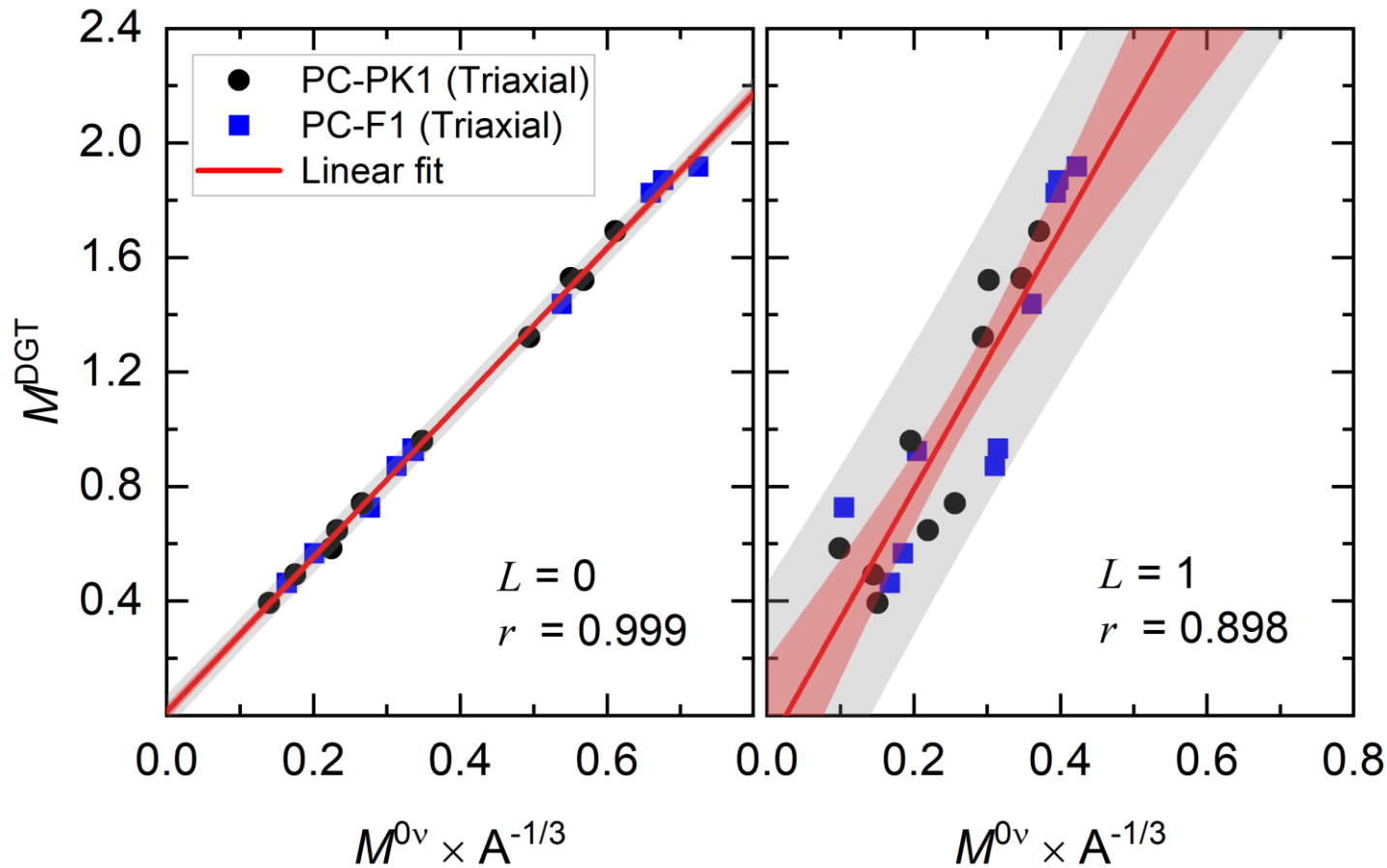
10 nuclei:

$^{48}\text{Ca}$ ,  $^{76}\text{Ge}$ ,  $^{82}\text{Se}$ ,  
 $^{96}\text{Zr}$ ,  $^{100}\text{Mo}$ ,  $^{116}\text{Cd}$ ,  
 $^{124}\text{Sn}$ ,  $^{128}\text{Te}$ ,  $^{130}\text{Te}$ ,  
 $^{136}\text{Xe}$

Axial and triaxial  
deformations  
Full model space

- A strong linear correlation between  $0\nu\beta\beta$  decay and DGT transition is demonstrated
- The linear correlation is robust against nuclear deformations

# Decomposition of the NMEs

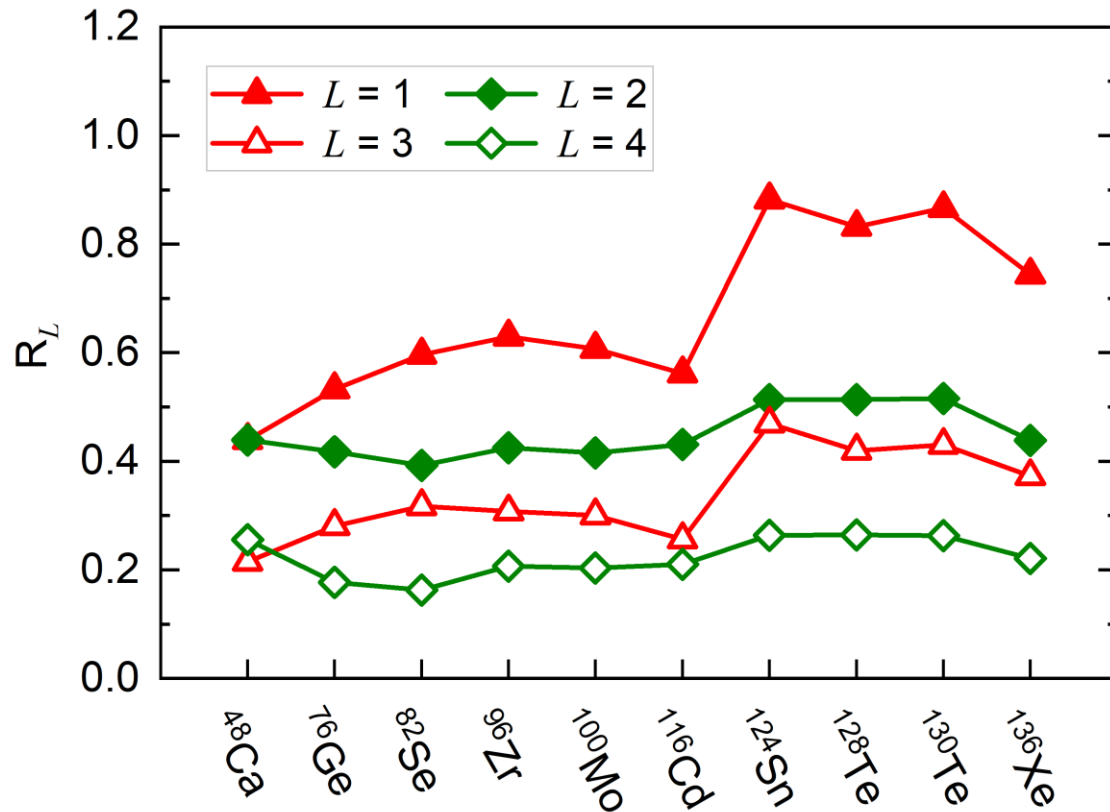


$$\hat{\mathcal{O}}^{0\nu} = \sum_L \hat{\mathcal{O}}_L^{0\nu}$$

$$M^{0\nu} = \sum_L M_L^{0\nu}$$

- The leading order term  $M_{L=0}^{0\nu}$  correlated strongly with  $M^{\text{DGT}}$ , while the correlation between  $M_{L=1}^{0\nu}$  and  $M^{\text{DGT}}$  is much weaker.

# Contributions from higher-order terms



$$R_L = M_L^{0\nu} / M_{L=0}^{0\nu}$$

- $R_2 \approx 0.45, R_4 \approx 0.20$ , and they are independent on the decay candidates
- Consideration of higher-order terms with even  $L$  would not worsen the correlation
- Contributions from NMEs with odd  $L$  are generally smaller than those from the NMEs with even  $L$

# The origin of the linear correlation

- The  $0\nu\beta\beta$ -decay operator contains five terms

$$\hat{O}^{0\nu} = \hat{O}_{VV}^{0\nu} + \hat{O}_{AA}^{0\nu} + \hat{O}_{AP}^{0\nu} + \hat{O}_{PP}^{0\nu} + \hat{O}_{MM}^{0\nu}$$

- Decay operator in **AA** coupling channel

$$\hat{O}_{AA}^{0\nu} = \sum_{1234} \langle 13 | \mathcal{O}^{AA}(\mathbf{r}_1, \mathbf{r}_2) \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 | 24 \rangle \hat{d}_1^\dagger \hat{d}_3^\dagger \hat{c}_4 \hat{c}_2, \quad |1\rangle \equiv |n_1 l_1 j_1 m_1\rangle$$

Neutrino potential in coordinate space

$$\mathcal{O}^{AA}(\mathbf{r}_1, \mathbf{r}_2) = \int \frac{d\mathbf{q}}{(2\pi)^3} H(\mathbf{q}) e^{i\mathbf{q} \cdot (\mathbf{r}_1 - \mathbf{r}_2)}$$

Multipole expansion for **plane waves**  $e^{\pm i\mathbf{p} \cdot \mathbf{r}}$  by **spherical harmonics**

$$e^{i\mathbf{q} \cdot \mathbf{r}} = 4\pi \sum_{LM} i^L j_L(qr) Y_{LM}^*(\hat{\mathbf{q}}) Y_{LM}(\hat{\mathbf{r}})$$

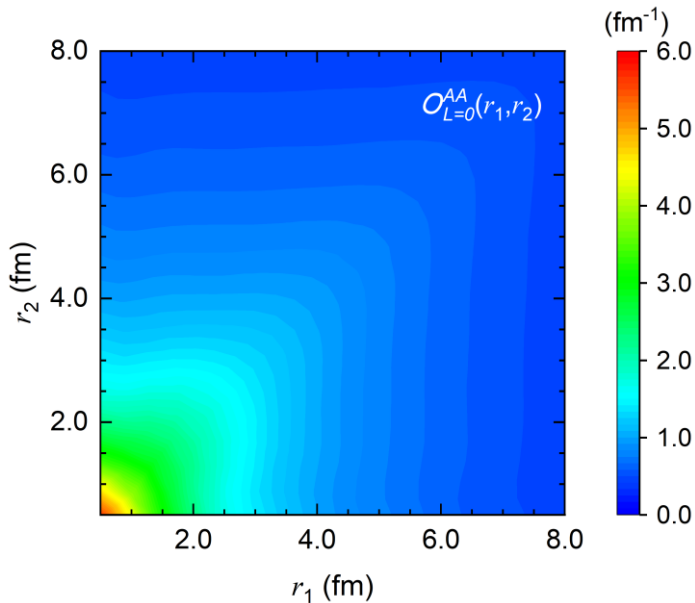
$$\mathcal{O}^{AA}(\mathbf{r}_1, \mathbf{r}_2) = \frac{2}{\pi} \int q^2 dq H(q) \sum_{LM} [j_L(qr_1) Y_{LM}(\hat{\mathbf{r}}_1)] [j_L(qr_2) Y_{LM}^*(\hat{\mathbf{r}}_2)] = \sum_L \mathcal{O}_L^{AA}(\mathbf{r}_1, \mathbf{r}_2)$$



# The origin of the linear correlation

- The neutrino potential with  $L = 0$

$$\mathcal{O}_{L=0}^{AA}(r_1, r_2) = \frac{1}{2\pi^2} \int q^2 dq H(q) j_0(qr_1) j_0(qr_2)$$



$$\mathcal{O}_{L=0}^{AA}(r_1, r_2) = \sum_{ij} a_{ij} X_i(r_1) Y_j(r_2)$$

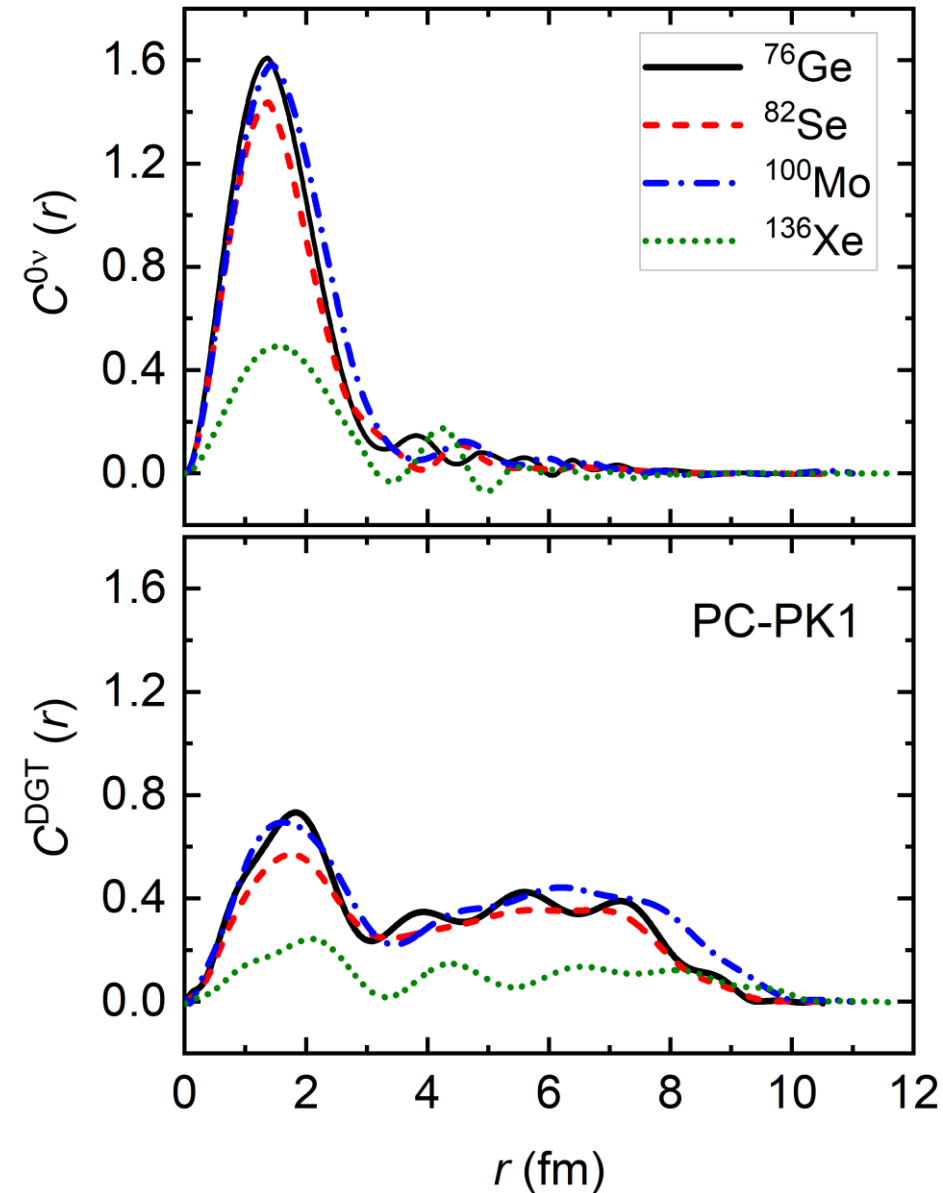
$$\mathcal{O}_{L=0}^{AA}(r_1, r_2) \approx \frac{1}{2} [X_1(r_1) Y_1(r_2) + X_1(r_2) Y_1(r_1)]$$

$X_1(r)$  and  $Y_1(r)$  are smoothly decreasing functions that are larger than zero

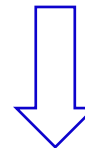
$$L = 0 \text{ term: } \langle 13 | \mathcal{O}_{L=0}^{AA}(r_1, r_2) \sigma_1 \cdot \sigma_2 | 24 \rangle \approx \langle n_1 l_1 | X_1(r_1) | n_2 l_2 \rangle \langle n_3 l_3 | Y_1(r_2) | n_4 l_4 \rangle \\ \times \langle j_1 m_1 | \sigma_1 | j_2 m_2 \rangle \langle j_3 m_3 | \sigma_2 | j_4 m_4 \rangle \delta_{n_1 n_2} \delta_{n_3 n_4} \delta_{l_1 l_2} \delta_{l_3 l_4}$$

$$\text{DGT transition: } \langle 13 | \mathcal{O}^{\text{DGT}} | 24 \rangle = \frac{1}{\sqrt{3}} \langle j_1 m_1 | \sigma_1 | j_2 m_2 \rangle \langle j_3 m_3 | \sigma_2 | j_4 m_4 \rangle \delta_{n_1 n_2} \delta_{n_3 n_4} \delta_{l_1 l_2} \delta_{l_3 l_4}$$

# NME distributions in coordinate space



$$M^\alpha = \int d\mathbf{r}_1 d\mathbf{r}_2 C^\alpha(\mathbf{r}_1, \mathbf{r}_2)$$



$$\mathbf{R} = \frac{1}{2}(\mathbf{r}_1 + \mathbf{r}_2); \mathbf{r} = (\mathbf{r}_1 - \mathbf{r}_2)$$

$$M^\alpha = \int dr C^\alpha(r)$$

- The short-range character is observed for  $0\nu\beta\beta$  decay, but not for DGT transition
- The explanation that the linear correlation originates from the dominant short-range character in both transitions is thus **not support**

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# Summary

- The NMEs of  $0\nu\beta\beta$  decay and DGT transition in **ten nuclei** that are **most relevant to the  $0\nu\beta\beta$  decay experiments** are investigated with the **ReCD** theory:
  - ✓ A **strong linear correlation** between  $0\nu\beta\beta$  decay and DGT transition is demonstrated
  - ✓ The **leading-order term** of  $0\nu\beta\beta$ -decay operator is very **similar to** DGT-transition one
  - ✓ The **short-range dominant character** is observed in  $0\nu\beta\beta$  decay but not in DGT transition
  - ✓ The recent results provides a **strong support** to the forthcoming experiments aiming to constrain the  $0\nu\beta\beta$ -decay NMEs from the double charge-exchange reactions

# Summary

Predicted decay half-life for  $m_{\beta\beta} = 10$  meV

Isotopes	$G_{0\nu}(\times 10^{-15} \text{ yr}^{-1})$	$M^{0\nu}$	Half-life (yr)
$^{48}\text{Ca}$	24.81	<b>1.45</b>	$1.93 \times 10^{28}$
$^{76}\text{Ge}$	2.363	<b>5.96</b>	$1.19 \times 10^{28}$
$^{82}\text{Se}$	10.16	<b>4.81</b>	$4.26 \times 10^{27}$
$^{96}\text{Zr}$	20.58	<b>6.61</b>	$1.12 \times 10^{27}$
$^{100}\text{Mo}$	15.92	<b>7.11</b>	$1.25 \times 10^{27}$
$^{116}\text{Cd}$	16.70	<b>4.91</b>	$2.49 \times 10^{27}$
$^{128}\text{Te}$	0.5878	<b>3.28</b>	$1.59 \times 10^{29}$
$^{130}\text{Te}$	14.22	<b>3.85</b>	$4.78 \times 10^{27}$
$^{136}\text{Xe}$	14.58	<b>3.34</b>	$6.16 \times 10^{27}$

# Perspective



2023.12.12 物理学院青年基金项目（博士研究生）申请答辩

## 无中微子双贝塔衰变的 相对论手征有效场论研究

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